

DEVELOPMENTAL MILESTONES

LITTLE STEPS TO BIG LEAPS

60 Months



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60 Months



FINE MOTOR DEVELOPMENT



INDICATORS:

Ties a knot or a bow

Picks up small objects with fingers

Colours in a picture

Cuts out and pastes pictures on paper

HOW TO HELP:

Let them practise tying things

Let them practise picking up small objects with their fingers, e.g. dried beans, lentils

Help them colour in and cut out pictures

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GROSS MOTOR DEVELOPMENT



INDICATORS:

Jumps on 1 leg for at least 3 metres
Walks backwards with confidence
Catches a bouncing ball

Can stand still on toes for 10-15 seconds

HOW TO HELP:

Encourage them to be active, and spend time doing active play with them, including bouncing a soft, big ball to them

Let them practise standing up on their toes, holding on to you

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COGNITIVE DEVELOPMENT



INDICATORS:

Identifies and names 6-8 colours

Names 15 objects correctly

Names 17 actions correctly

Tells the difference between 2 pictures

HOW TO HELP:

Practise identifying the colour of items around the house

Get them to look for and name different colours, objects and actions when looking at pictures

Help to point out differences between pictures

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SOCIAL EMOTIONAL DEVELOPMENT

INDICATORS:

Gets better at participating in groups

Gets better at sharing with others

HOW TO HELP:

Encourage them to play in groups

Encourage them to share things with friends and family, role model sharing



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NUMERACY



INDICATORS:

Counts up to 10 objects

Counts up to 12

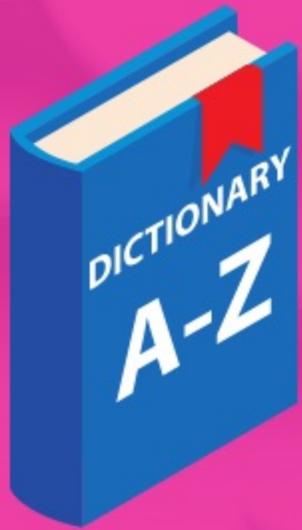
HOW TO HELP:

Practise counting with them, including counting objects

Help them to notice numbers around them

60 Months

LANGUAGE AND LITERACY



INDICATORS:

Has vocabulary of ± 2000 words

Asks the meaning of words

HOW TO HELP:

Talk, sing, read and tell stories with them to increase their vocabulary

Tell them the meanings of words

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