

DEVELOPMENTAL MILESTONES

LITTLE STEPS TO BIG LEAPS

48 - 60 Months



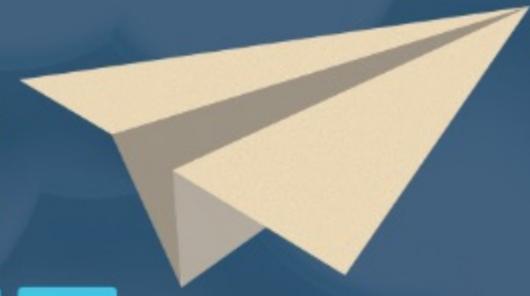
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48- 60 Months

FINE MOTOR DEVELOPMENT



INDICATORS:

Can do and undo press studs

Folds a piece of paper in half

HOW TO HELP:

Let them practise with small buttons and press studs

Let them practise folding paper

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GROSS MOTOR DEVELOPMENT



INDICATORS:

Walks backwards on a line for 6 steps

Skips with more coordination
Runs and kicks a moving ball

Jumps from a height (50cm)

HOW TO HELP:

Practise walking backwards with them, holding their hand

Encourage them to be active, and spend time doing active play with them.

Supervise them when they practise jumping from a height.

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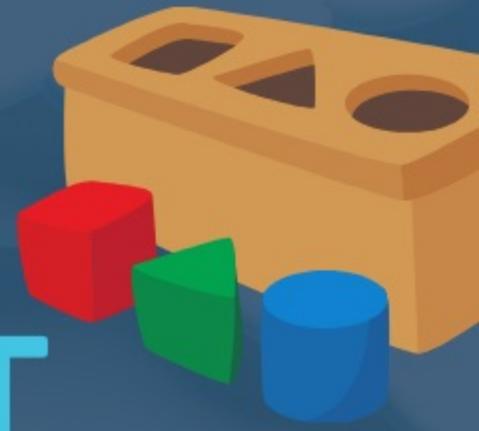
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COGNITIVE DEVELOPMENT



INDICATORS:

Knows difference between near and far

Tells the difference between left and right

Matches objects

Builds a 15-20 piece puzzle

HOW TO HELP:

Point out to them things that are near and far, left and right during daily activities

Make a matching game and a puzzle from magazine pictures or boxes

If possible, buy puzzles

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SOCIAL EMOTIONAL DEVELOPMENT

INDICATORS:

Shows more motivation

Handles frustration better

HOW TO HELP:

Provide lots of encouragement to complete tasks

Help to manage feelings of frustration by staying calm



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NUMERACY



INDICATORS:

Counts up to 4 or 5 objects

Is able to answer 'how many?'

Write 1-2 numbers

HOW TO HELP:

Practise counting objects

Practise asking 'how many?' of things around the house

Encourage writing numbers, even if it's just scribbles

48- 60 Months

LANGUAGE AND LITERACY

INDICATORS:

Speaks in more complex sentences

Makes up stories (fantasy)

HOW TO HELP:

Encourage them to tell you stories, and praise them when they speak in sentences



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