

# DEVELOPMENTAL MILESTONES

LITTLE STEPS TO BIG LEAPS

**24 Months**



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**Pick n Pay**   
School Club

The Development Milestones kindly provided by Associate Professor Catherine Draper

24 Months

# FINE MOTOR DEVELOPMENT



## INDICATORS:

Tries to do up buttons

Uses 2 hands to hold a container

Scribbles on paper

## HOW TO HELP:

Give them buttons to practice

Encourage them to hold things with both hands

Encourage them to scribble with a pen, pencil or crayons on any kind of paper

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# GROSS MOTOR DEVELOPMENT



## INDICATORS:

Walks and runs on their own  
Jumps on 1 leg a few times

Pulls and pushes objects

Can kick a big ball

Can throw a ball

## HOW TO HELP:

Encourage playtime outside, e.g.  
running and jumping

Give them safe things to pull and push  
around

Let them practice kicking a soft, big  
ball, e.g. plastic beach ball

Practice throwing and catching the big  
ball with them

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# COGNITIVE DEVELOPMENT



## INDICATORS:

Groups / sorts objects

Points to familiar objects in a book  
Names 2 objects correctly

## HOW TO HELP:

Spend time looking at books, magazines or newspapers with them

Ask them to point to familiar things and name them if they can; help them if they get it wrong

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# SOCIAL EMOTIONAL DEVELOPMENT

## INDICATORS:

Plays near or next to other children

## HOW TO HELP:

Encourage them to share and play with other children their age



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# 1 2 3 NUMERACY



## INDICATORS:

Understands few / many

## HOW TO HELP:

Using something at home, show them examples of few and many, e.g. beans



24 Months

# LANGUAGE AND LITERACY



## INDICATORS:

Enjoys being read to

Uses 50 recognisable words

Starts to speak 3-word sentences

Understands question words

Refers to self by own name

## HOW TO HELP:

Tell them stories or read to them, and allow them to help turn the pages of the book (this helps with fine motor skills)

Tell them the names of things in books, magazines etc

Let them practice making sentences and asking questions, even if they don't make sense!

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