GLAD TO BE GREEN
Simple ways to go green

1

REDUCE FOOD WASTE
Eat what you take. Don't waste food and keep your leftovers fresher, for longer, in sealed packaging like GLAD food bags.

2

RECYCLE
Sort your rubbish into bins for paper, plastic, glass and metal. This helps to make new things from old ones, and saves Earth's natural resources. Find a recycling collection service in your area.

3

GROW YOUR OWN FOOD
Plant fruit and vegetables in your garden. Eating more fruit and vegetables is not only healthy for you, but healthier for our planet. This helps lower your carbon footprint, the mark you leave on the Earth based on the things you do and use. We want to make sure our mark is small to keep the Earth healthy.
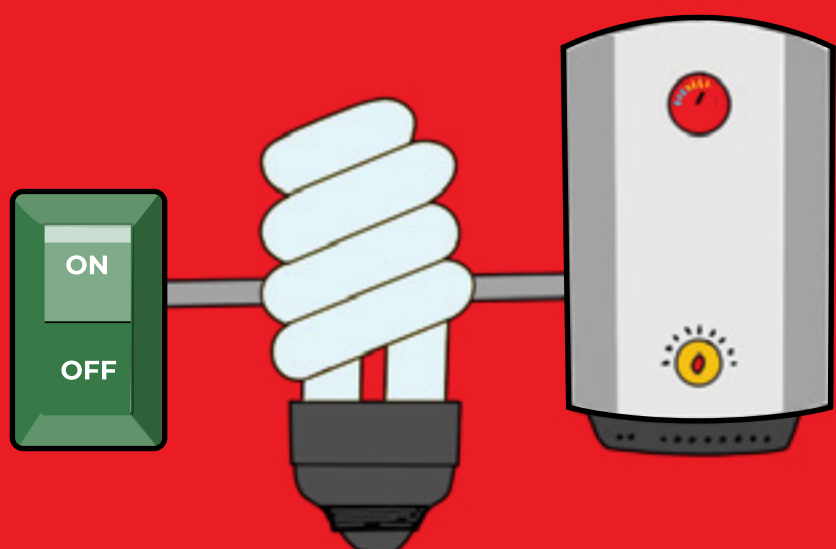
4

PLANT TREES
Trees give us oxygen. Plant a tree in your garden or organise a community tree-planting event.
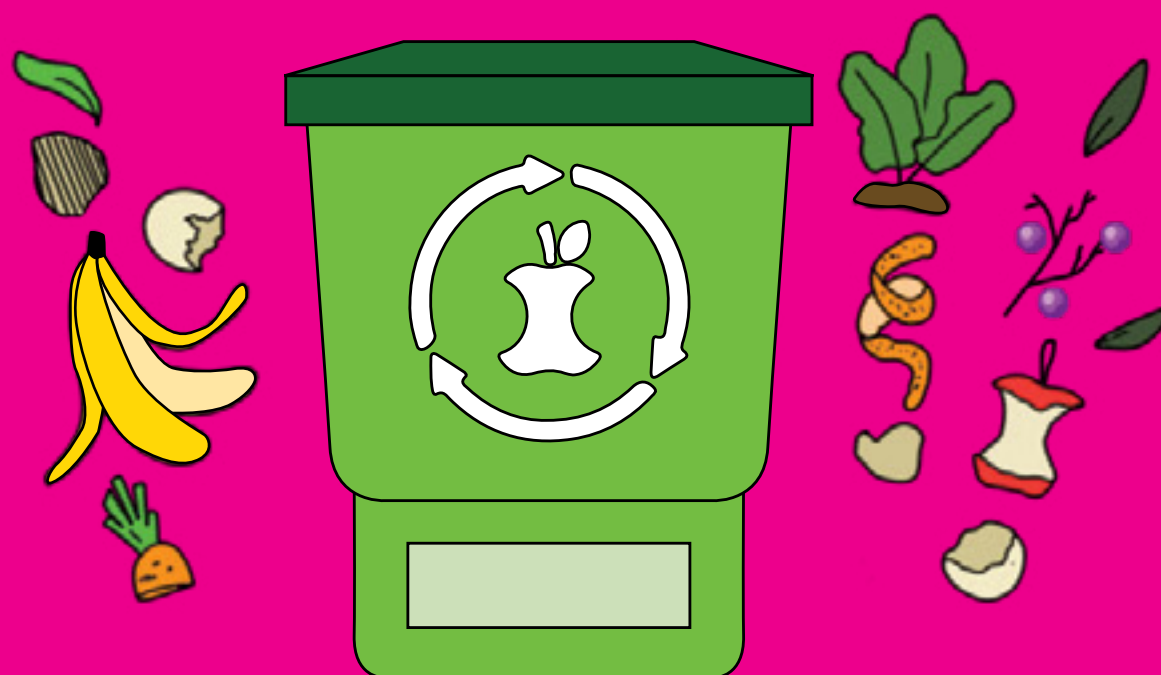
5

SAVE ENERGY
Turn off lights and electronics when you're not using them. Use natural light during the day, and ask your family to turn off the geyser when it is not needed.

6

COMPOST FOOD SCRAPS
Turn fruit and vegetable scraps into compost for your garden.

GLAD to be GREEN products are made from 50% plant-based plastic!