



# HAPPY WORLD OCEAN DAY

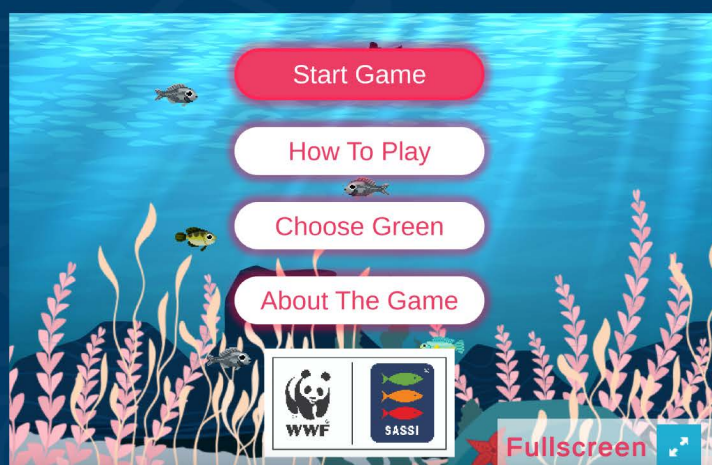




# HOW YOU CAN HELP PROTECT OUR OCEANS AND **WHY?**



1. Choose fish on the SASSI Green List. **The Green List shows us the kinds of fish that are the best to eat, because there are enough of them, and catching these fish does not harm the ocean.**



2. Play the WWF-SASSI Ocean Challenge Game. **So you can learn more about our oceans.**



3. Use less plastic, and remember to recycle so waste doesn't end up in landfills and in our oceans. **Litter in the ocean is very harmful to our sea animal friends.**

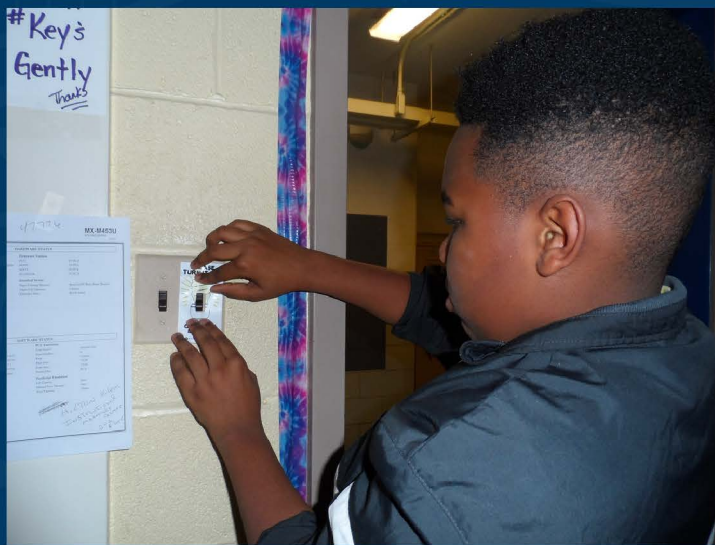




4. Join a beach clean-up.  
The litter on the beach can be washed into the ocean.



5. Respect marine life which means not disturbing nests and natural habitats of our sealife. This can make creatures that live in the sea very stressed.



6. Save water and turn off lights and plugs when you are not using them. This helps to decrease air pollution - this pollution changes the ocean water and this is bad for our sea animal friends.

**REFERENCE LINK:**

<https://www.tutordoctor.co.uk/blog/2020-may/5-things-kids-can-do-to-protect-the-oceans/>

