

Werld Blood Donor Day

Give blood, give plasma, share life, share often. 14 JUNE 2023





DID YOU KNOW A SINGLE BLOOD DONATION CAN SAVE TO THE LIVES?

DONATING BLOOD IS AN ACT OF SOLIDARITY.

JOIN THE EFFORT AND SAVE LIVES.







YOUR BLOOD IS PRECIOUS. DONATE. SHARE A LIFE.

YOU ARE ELIGIBLE TO DONATE BLOOD IF YOU:

- ARE BETWEEN THE AGES OF 16 AND 75
- WEIGH MORE THAN 50KG
- ARE IN GOOD HEALTH





