

HUMAN RIGHTS BEGIN WITH ME!

On **HUMAN RIGHTS DAY**, we celebrate the fact that all South Africans, and all human beings, should have equal rights, no matter their race, gender, sexual orientation, social status, disability or religion.

HUMAN RIGHTS are the basic things that every person needs to live with dignity (self-respect) and develop their potential. Human rights are not earned; we are all entitled to rights simply because we are human.

EVERY SOUTH AFRICAN HAS THE RIGHT TO:



EQUALITY

We are all equal before the law.



HUMAN DIGNITY

We must be respected – just because we are human!

A SAFE ENVIRONMENT

We have the right to live in a safe, healthy environment.



LANGUAGE AND CULTURE

We have the right to use our language of choice and practise our own culture.



FREEDOM AND SECURITY

We have the right to be free from violence and to protect our bodies.



HEALTH CARE

We have the right to see a health care worker when we are sick.

EDUCATION

We have the right to go to school and learn.



FREEDOM OF EXPRESSION

We have the right to speak and express ourselves (but hate speech is not allowed).



WITH RIGHTS, COME RESPONSIBILITIES. A RESPONSIBLE PERSON - WHO KNOWS THEIR RIGHTS - ALSO UNDERSTANDS THAT OTHER PEOPLE ARE ENTITLED TO ENJOY THESE SAME RIGHTS. FOR EXAMPLE:

I HAVE THE RIGHT TO...	AND THE RESPONSIBILITY TO...
be heard	listen to other people
be loved and respected	show people love and respect
medical care	take care of myself
live in a safe environment	keep my environment clean

UNIVERSAL DECLARATION OF HUMAN RIGHTS

WE ARE ALL BORN FREE AND EQUAL

In 1945, shortly after the end of World War II, the United Nations wrote a special document which "declares" the rights that everyone in the entire world should have.

"Human rights begin in small places, close to home ...they are the world of the individual person, their neighbourhood and school ... the factory, farm or office where they work ... places where every adult and child seeks equal justice, opportunity, and dignity without discrimination. Unless these rights have meaning there, they have little meaning anywhere."
ELEANOR ROOSEVELT, CHAIR OF THE COMMITTEE THAT WROTE THE DECLARATION.

