

PACK YOUR MOM'S LUNCH DAY

Spoil your mom by packing her favourite lunch for work.
We've put together some steps to help you prepare.

STEP 1

Prepare your mom's lunch the night before. This will save you time in the morning.

STEP 2

Keep it simple but healthy. Sandwiches are very easy to pack and make. You can include some fresh fruit and vegetables on the side for a delicious snack throughout the day.

*Get an adult to assist you when cutting up fruits or vegetables.

STEP 3

Adding in a note for mom to read during her lunchtime is sure to put a smile on her face.

STEP 4

Feel free to spoil mom by adding a sweet treat to her lunchbox.

